

# 1970 Region 7 Championships at Aurora, Friday, May 29, 1970

**Teams:** Cloquet 35, Grand Rapids 25, International Falls 24.5, Hibbing 22.5, Embarrass 15, Silver Bay 14.5, Proctor 14, Hermantown 14, Ely 12, Esko 11, Two Harbors 9.5, Deer River 7, Nashwauk-Keewatin 7, Aurora-Hoyt Lakes 7, Buhl 6, Askov 6, Greenway 5, Chisago City 5, Grand Marais 3, Sandstone 3, North Branch 3, Eveleth 2.5, Pine City 2.5, Rush City 2, Gilbert 0.5, Moose Lake 0.5.

## 100

1 Mike Hall, Cloquet	10.6
2 Jerry Smith, Hermantown	10.6
3 Pat Lonergan, Intl Falls	10.6
4 Ted Bilben, Intl Falls	
5 Tom Alvin, North Branch	

## 220

1 Mike Hall, Cloquet	24.1
2 John Angst, Cloquet	
3 Jerry Smith, Hermantown	
4 Tom Alvin, North Branch	
5 Mark Wohlrobe, Deer River	

## 440

1 Pat Pollard, Grand Rapids	52.5
2 Dave Houle, Silver Bay	52.5
3 Graham Gie, Aurora-HL	52.6
4 David Asp, Rush City	
5 Bruce Ogle, Greenway	

## 880

1 Brian Berkner, Ely	2:04.2
2 Steve Whittaker, Silver Bay	
3 Kevin Gulbranson, Chisago City	
4 Mike Carpenter, Intl Falls	
5 Dean Wagner, Hermantown	

## Mile

1 Kim Beron, Proctor	4:40.0
2 Tom Radtke, Aurora-HL	
3 Bob Pullar, Intl Falls	
4 Duane Gannon, Grand Rapids	
5 Don Jeppson, Hibbing	

## Two Mile (New Event)

1 Adrian Degerstrom, Askov	10:12.9 **
2 Tim Oliver, Proctor	
3 Gary Bjerkness, Grand Marais	
4 Ken Hanson, Grand Rapids	
5 Dave Palkki, Grand Rapids	

## High Hurdles

1 George Lange, Cloquet	16.0
2 Gary Mesich, Hibbing	
3 Hank Mosier, Hermantown	
4 Jim Milkovich, Nashwauk-K	
5 Dean Viventi, Gilbert	
5 Lee Holte, Moose Lake	

## 180 Yd. Low Hurdles

1 Mike Zakula, Buhl	21.8
2 Martin Frusti, Esko	
3 Steve Koski, Hermantown	
4 Bob Lyman, Grand Rapids	
5 Gary Beckman, Embarrass	

## 880 Relay

1 Cloquet (Dennis Lavoie, Steve Smith, John Angst, Mike Hall)	1:36.0
2 Intl. Falls	
3 Esko	
4 Eveleth	
5 Grand Rapids	

## Mile Relay

1 Ely (Randy Moravitz, Jerome Debeitz, Brian Berkner, Gary Berkner)	3:38.3
2 Silver Bay	
2 Hibbing	
4 Esko	
5 International Falls	

## Sprint Medley (New Event)

1 Hibbing (Paul Morinoc, Dennis Fearing, Don Papin, Kirk Schroeder)	3:49.7
2 Proctor	
3 Silver Bay	
4 Chisago City	
5 Intl. Falls	

## Shot Put

1 Mike Tintor, Hibbing	53-10
2 Gene Walsdorf, Grand Rapids	
3 Bob Lucca, Naskwauk-K	
4 Todd Mongraine, Intl Falls	
5 Tim Rauzi, Eveleth	
5 Charles Peterson, Two Harbors	

## Discus Throw

1 Charles Peterson, Two Harbors	143-4
2 Greg Risse, Greenway	
3 Charles Kocinski, Intl Falls	
4 Mike Tintor, Hibbing	
5 Robert Jakela, Cloquet	

## Long Jump

1 George Lange, Cloquet	19-11 $\frac{3}{4}$
2 Gary Beckman, Embarrass	
3 Steve Wattman, Sandstone	
4 Duane Laflin, Grand Rapids	
5 Jay Columbus, Grand Rapids	

## High Jump

1 Mark Wohlrobe, Deer River	6-0
2 Gary Beckman, Embarrass	
3 Paul Bugge, Two Harbors	
4 Jorme Rahkola, Esko	
5 Bob Lucca, Nashwauk-K	

## Pole Vault

1 Gary Beckman, Embarrass	12-8
2 Jay Columbus, Grand Rapids	12-8
3 Charles Novak, Pine City	
3 John Haller, Intl Falls	
5 John Morehouse, Intl Falls	

\* Ties Meet Record

\*\* New Meet Record

**Notes:** The track was a muddy pit and the runways were slippery.